



6th GRADE VIDEO SCRIPTS

6TH GRADE: PREPARATION FOR ADOLESCENCE

Pimples, shaving, growth spurts, voice changes, mood swings, and dating are all about to become a reality for your precious little boy or girl. No matter how hard you try, they are going to hit puberty. Ready or not, you need to prepare your 6th grader for adolescence. We are here to help. This Family Experience is called "Preparation for Adolescence," and is designed to help you connect with your student and establish a bond of trust as you enter into this new phase of your relationship.

The only way to navigate the adventure of the 6th grade year is to solidify your relationship. We know puberty can easily cause disconnection in your relationship with them, and the key is to use these changes to encourage connection instead. We will give you Kick-starters that will 1. Help you approach these conversations with your student 2. Help you to understand how puberty can help your student to better understand God and his desire for connection through Wonder 3. Give you ideas for continually fostering relationship with your child through God given Wonder.

In this Family Experience, you and your 6th grader will set aside 5 days to have a 10 to 15 minute discussion each night.

This could be five separate nights before bedtime or five Saturday nights during a hike. Whatever time or location, you want to make sure that you have privacy and are free from distractions. That means no cell phone, TV, or

other things that compete with your attention. You want your focus to be on each other. Looking at your phone or answering a text tells your student that they are not as important as other business in your life.

This should be a one-on-one time with one parent and one student. Our recommendation is that this be the same sex parent as the student. However, we understand that this may not always be possible. The important thing is that this be a conversation between the same parent and guardian for each of the five occasions. The next thing is to download the five sets of the parent and student discussion cards we have provided for you. There will be one designed for the parent and the other for the student for each of the five times you have set aside for the meetings. Now before you go any further, we want to encourage you not to read these beforehand. Stick them in an envelope and seal them so that you're not tempted. The reason that they are for both the parent and the student is that we don't want anybody to feel like they are being set up or are being ambushed. So you're on an equal playing field. This will help develop intimacy and trust.

This Family Experience is designed to help give you a solid foundation to build on that we hope will guide your student through adolescence and into adulthood. In the Parent Guide, you will find tips and encouragement for this experience.



This is just the first step. We encourage you to continue setting aside time to talk with your student about whatever it is that is on their mind and to continue in prayer and study of God's Word together. As a result of this, your hearts will naturally grow together and form a bond that will last a lifetime.